



**Sustainable Ballard** is taking our always playful education, advocacy, and outreach to the streets! Sustainable Ballard is a non-profit organization comprised of inventive, interesting neighbors who firmly believe that community self-reliance and sustainability is good foreign policy implemented locally.

Join us for our  
*Fourth Annual Festival,*  
the weekend of

**September 29th, 2007,**

at the **Ballard Commons Park.**

Two blocks north of NW Market Street,  
kitty-corner from the Ballard Library,

at the intersections of

**NW Market Street, 22nd Ave NW and NW 57th St.**

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Get involved with the  
**2007 Festival.**

Please attend one of the meetings  
or visit our interactive WIKI at

**[www.sustainableballard.org](http://www.sustainableballard.org)**

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## Recommended Resources

### BOOKS:

**Gaia's Garden: A Guide to Home-Scale Permaculture**  
by Toby Hemenway

**The Great Turning: From Empire to Earth Community**  
by David Korten

**The Home Energy Diet: How to Save Money by Making Your House Energy-Smart**

by Paul Scheckel

**Powerdown: Options and Actions for a Post-Carbon World**  
by Richard Heinberg

### WEB SITES:

Climate Solutions, [www.climatesolutions.org](http://www.climatesolutions.org)

The Green Guide: Seattle Office of Sustainability and Environment, [www.seattle.gov/environment/cag/Index.html](http://www.seattle.gov/environment/cag/Index.html)

The Energy Bulletin, [www.energybulletin.net](http://www.energybulletin.net)

The Relocalization Network, [www.relocalize.net](http://www.relocalize.net)

Seattle Tilth, [www.seattletilth.org](http://www.seattletilth.org)

Yes Magazine, [www.yesmagazine.org](http://www.yesmagazine.org)

### DVDs:

A Crude Awakening

End of Suburbia

The Power of Community – How Cuba Survived Peak Oil

### EDUCATION:

Bainbridge Graduate Institute

MBA or Certificate in Sustainability, [www.bgiedu.org](http://www.bgiedu.org)

Washington State University

B.S. Organic Agriculture Systems

<http://academics.wsu.edu/fields/study.asp?ID=ORGAG>

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You can help support **Sustainable Ballard's** educational programs and events by sending your check to:

### **Sustainable Ballard**

2442 NW Market St. PMB 171

Seattle, WA 98107

General E-mail: [Info@SustainableBallard.org](mailto:Info@SustainableBallard.org)

Phone: 206-789-7646



## What is Sustainable Ballard?

Sustainable Ballard is a non-profit organization—with over six hundred members—that is developing a grassroots vision of sustainability for the community of Ballard.

Sustainability roughly means “meeting the needs of the present without compromising the ability of future generations to meet their own needs.” It is a philosophy that affects every sphere of human activity.

## Our Mission

Sustainable Ballard fosters new awareness of the importance of community connections and meaningful sustainability due to excess energy dependence and consumption, and the depletion of key resources.



# Sustainable Ballard seeks to empower local citizens to become leaders in collective community self-reliance and autonomy.

We educate, organize workshops and public events like the annual festival, publish articles, and build coalitions to strengthen our local businesses, food growers, and alternative transportation providers. There are seven guilds, or small working groups, organized around these topics:

## Art, Craft & Design Guild

Leader: Vic Opperman, vic@sustainableballard.org  
This guild supports more networking, marketing of local talent, skill sharing classes, equipment sharing, public outreach and other means of raising awareness and supporting the creative spirit.

## Community & Economy Guild

Leader: Julia Field, julia@sustainableballard.org  
The purpose of this guild is to strengthen community connections in Ballard by creating opportunities for the people in and around Ballard to collaborate, get to know each other, get inspired, create positive change, and be the role model sustainable community that we aspire to be.

## Food, Health & Medicine Guild

Leader: Melissa Larson, melissa@sustainableballard.org  
This guild is concerned with all aspects of sustainable food, health and medicine, from personal issues such as nutrition, cooking and gardening, to preventative care for community issues such as food supply and public health.

## Home Energy & Conservation Guild

Leader: Andrea Faste, andrea@sustainableballard.org  
Ultimately, the goal of this guild is to move Ballard away from dependence on fossil fuels and to become energy independent, perhaps even putting energy back into the grid from solar use, or using electric vehicle-to-grid technology. We will begin by ways we can shift our energy use, either by reducing consumption, or by changing to greener sources.

## Urban Planning & Building Design Guild

Leader: Bridget Smith, bridget@sustainableballard.org  
How does one build sustainably? How does this build community? Urban sprawl, what keeps people in? Are you interested in a project to involve the homeless and share skills? What are the 'safe' and environmentally responsible materials one can use for construction? This guild is exploring these questions and more.

## Transportation Guild

Interim Leader: Kevin Carrabine, kevin@sustainableballard.org  
Our transportation choice is the biggest energy decision we make each day! This guild works on projects and outreach to promote advanced alternatives and choices to personal petroleum transportation: from walking, bicycling and biking, to biodiesel cars and electric transport fueled by renewable energy (hydro, wind, biodiesel, wood, ?)

## Environment,

## Water & Waste Guild

Leader: Ingela Wanerstrand, ingela@sustainableballard.org  
Having a clean, healthy environment is key to our community's sustainability and long-term ability to support a diversity of life. Whether it's the peace we get from spending time in a tree-filled park or the clean air that trees help provide, we need to ensure that we're taking care of nature and conserving our resources so we can balance the needs of people and nature.

To learn more about sustainable practices, please attend an event or a meeting, or visit our web site:

**[www.sustainableballard.org](http://www.sustainableballard.org)**

Join us at our regular meetings on the 4th Monday of each month at 6:30 p.m, held at the Sunset Hill Community Club, 3003 NW 66th St. (accessible via the Route 17 bus).